

TOP FIVE TIPS FOR LIVER KIDS STARTING SCHOOL



BE YOUR CHILD'S ADVOCATE

It is important for teachers to understand the situation. Meet them as early as possible in the year, keep in contact and speak up if something is happening that you aren't happy with.



TEACH YOUR CHILD TO ADVOCATE FOR THEMSELVES

Make sure they know it is OK to say if they feel uncomfortable about something. Talk to them about why it is important to keep healthy, and how to do that.



FOCUS ON HYGIENE

Schools are full of germs. Ask for hand sanitiser to be used frequently by everyone in your child's classroom. Tell the school you don't want your child to share other students food.



NORMALISE THE EXPERIENCE

When your child feels different from other students, encourage them to take a matter of fact approach. Sometimes there might be things they can't do, and that's OK.



DON'T BE AFRAID

Trust that the school is staffed by professionals who know how to look after kids with a huge range of needs. Remember that this is a really exciting step for your child!

LEARN MORE AT WWW.LIVERKIDS.ORG.AU

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